What's in Your Kit


1 tube with liquid inside


2 swabs in wrappers


1 sample info card


1 biohazard bag with absorbent sheet


This instruction sheet


1 prepaid return shipping label


2 sticker labels

Before You Start

For 30 minutes before you swab, **do NOT:**

- Eat anything (no gum, mints, or candy)
- Drink anything (no water)
- Smoke or vape
- Brush teeth
- **For Infants:** Do not feed for 30 minutes before collection

Important!

Before you seal and ship, please confirm:

- On the tube label, you wrote: the full name and date of birth of the person who was swabbed, plus the date the sample was collected.
- The sample info card is filled out and in the box.

Improperly labeled specimens may result in delays or require recollection.

Read these steps in another language: scan this code.

Lea estas instrucciones en otro idioma: escanee este código.

用其他语言阅读这些步骤：
用手机摄像头扫描此二维码.

INFLECTION MEDICINE

SPECIMEN COLLECTION KIT

Buccal Collection Instructions

1 Get ready

Wash your hands, place all materials from the kit box in front of you, and read through all these instructions.

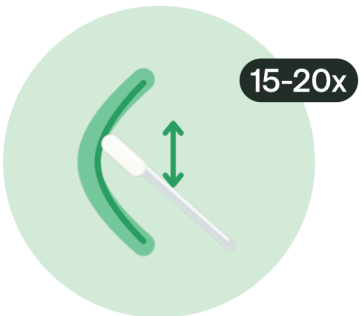
2 Prepare the tube

Tap the tube on the table 2 to 3 times so the liquid goes to the bottom. Stand the tube up on a flat surface or in the tube holder inside your kit box. Take off the cap and set it aside.

Warning: Do not drink the liquid. Keep the tube and cap away from children.

3 Swab the cheek

Open one swab. Do not touch the soft tip. Rub the swab on the inside of one cheek 15-20 times. Rub firmly, like brushing your teeth. Turn the swab as you rub. Cover the whole cheek. Do not rub the teeth.



4 Stir the swab into the tube

Twist the swab down into the tube until it reaches the bottom. It will feel tight - keep pushing. Then move the swab up and down fast, 10-15 times. Keep the tip in the liquid. Twist the swab out and throw it in the trash. Do not put used swabs in the biohazard bag.

5 Repeat with the second swab

Repeat "3. Swab the cheek" on the second cheek and "4. Stir the swab into the tube".

6 Check the window

Look at the liquid through the window on the label. The word "SWAB" should be gone. If you can still see "SWAB" swab again later. Wait 2 hours, or do it the next morning before eating or brushing your teeth. Use a clean cotton swab or Q-tip. When the word is gone, close the cap tight.

7 Label the tube

Clearly write the full name, date of birth of the person from whom the sample was collected, and the date of collection on the adhesive label. Place the adhesive label on the tube. An extra label is included in case it is needed.

8 Fill out the sample info card

Fill out the sample info card that came in your kit.



9 Pack and send

Put the closed and labeled tube in the biohazard bag and seal it. Put the biohazard bag with tube in the box. Put the filled-out sample info card in the box. Close the box. Stick the prepaid shipping label on the outside of the box. Send it back as soon as you can.